



Media Contacts

Casey Anderson
Hilton Waikoloa Village
+1 808 886 2863
casey.anderson@hilton.com

Lance Aquino
Stryker Weiner & Yokota
+1 808 523 8802
lance@strykerweiner.com

69-425 Waikoloa Beach Drive
Waikoloa, Hawaii 96738-5710
HiltonWaikoloaVillage.com

Dreampod at Hilton Waikoloa Village's Kohala Spa

The new float tank allows guests to experience a new way to relax

WAIKOLOA, HI (March 11, 2019) – Kohala Spa at Hilton Waikoloa Village adds a new element to its full menu of soothing treatments and rejuvenating therapies with the Dreampod. Using a combination of temperature controlled water and healing salts, the Dreampod float tank enables guests to float weightlessly and effortlessly, allowing them to experience a unique, deep state of relaxation.

The Dreampod offers a soothing experience unlike any other. Guests enter the Dreampod which is filled with skin temperature water and 550kg of Epson salt. The solution creates a buoyancy that effectively removes the feeling of gravity, creating a weightless experience. The benefits of this treatment are many. The daily strain on the body - especially the back, hips and joints - is relieved. With adjustable light settings or the option to close the Dreampod completely, the quiet environment in the floatation tank allows the brain to release endorphins that serve as natural pain relievers and mood enhancers. While floating, the skin constantly absorbs the salt in the water preventing wrinkles that would normally form with extended water exposure. The body also absorbs healthy minerals which help relieve muscle aches, back pain, migraines, insomnia and more.

Sessions in the Dreampod are available to book now and start at \$100 for one hour.

For more information about Kohala Spa at Hilton Waikoloa Village, visit
<http://www.hiltonwaikoloavillage.com/kohala-spa>.

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About Hilton Waikoloa Village

The award-winning Hilton Waikoloa Village is a sweeping Pacific playground and alluring destination on the sunny Kohala Coast of the Island of Hawaii. The resort offers island hospitality with beautifully appointed guest rooms and stunning vistas of Waiulua Bay and tropical surroundings. Guests enjoy two distinct lodging experiences from premium accommodations in MAKAI at Lagoon Tower to a grand atrium welcome at Palace Tower. Amenities include three swimming pools, an ocean-fed snorkeling Lagoon Beach, waterfalls and waterways, locally-inspired treatments at Kohala Spa, and a wide variety of dining outlets that include Legends of Hawaii Luau, Kamuela Provision Company featuring panoramic sunset dining over the Pacific Ocean, Kona Tap Room, offering craft brews from Kona Brewing Company; and a Museum Walkway with 1,800 unique art pieces. Adventures within the surrounding Waikoloa Beach Resort range from two championship golf courses to world-class shopping. Hilton Waikoloa Village is a gateway to the Island of Hawai'i, engaging travelers in the area's rich history through such interactive activities as hula and ukulele lessons and is the perfect starting point for the exploration of island attractions including active volcanoes, snow-capped mountains, lush valleys, breathtaking waterfalls, colorful beaches and deep culture, embodying the Island's Aloha Spirit.